



May 3, 2021

COVID-19 Quarantine Reduced From 14 days for Muskegon County *Effective Monday, May 3, 2021*

Public Health – Muskegon County has shortened the quarantine period based on CDC’s *Science Brief: Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing* published December 2, 2020.

<https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/scientific-brief-options-to-reduce-quarantine.html#:~:text=CDC%20recognizes%20that%20any%20quarantine,the%20COVID%2D19%20incubation%20period.>

The change is retroactive for Muskegon County residents currently in quarantine. Quarantine can end after Day 10 without testing if no symptoms develop or day 7 with a negative test result from a **diagnostic (PCR) test** taken on day 5 or later. Fully vaccinated residents are no longer required to quarantine following exposure to someone with COVID-19. Residents who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms.

The full 14 day quarantine may still be required of select high-risk groups.

Anyone in close contact of a positive COVID-19 individual should continue to watch closely for signs of sickness.

Quarantine is used to keep someone *who might have been exposed to COVID-19* away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, and monitor their health.

10 DAY QUARANTINE WITHOUT TESTING

DAY														
0	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Exposure	Quarantine Period - Monitor for Symptoms										Quarantine Complete IF Symptom Free Monitor for symptoms and use precautions			

7 DAY QUARANTINE WITH TESTING

DAY														
0	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Exposure	Quarantine Period - Monitor for Symptoms							Receive Test	Quarantine Complete IF Test Result is Negative & Symptom Free Monitor for symptoms and use precautions					

Kathy Moore, Health Officer/Public Health Director