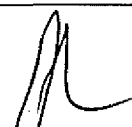


# REQUEST FOR BOARD CONSIDERATION-COUNTY OF MUSKEGON

COMMITTEE Human Resources		BUDGETED X	NON-BUDGETED	PARTIALLY BUDGETED
REQUESTING DEPARTMENT Mental Health		DATE October 9, 2012		REQUESTOR SIGNATURE Julia Rupp, Executive Director
SUMMARY OF REQUEST (GENERAL DESCRIPTION, FINANCING, OTHER OPERATIONAL IMPACT, POSSIBLE ALTERNATIVES)				
<p>Approval is requested for Community Mental Health (CMH) Services to credential and enter into a contract with <b>Margaret Lowe, Psy.D.</b>, Licensed Psychologist, (Harbor Psychological Associates, 1148 Fourth Street, Muskegon, MI 49442), at the rate of \$100.00 per hour for specialized outpatient mental health services, effective September 1, 2012 through September 30, 2013.</p> <p>One of our CMH consumers has submitted a request to receive outpatient therapy from Dr. Maggie Lowe of Harbor Psychological Associates for specialized treatment related to the issue of gender identity disorder. Dr. Lowe is a Certified Sex Therapist who provides this specialized treatment, and there is not a CMH therapist certified as an expert in this area. Dr. Lowe received her Psy.D. from the Illinois School of Professional Psychology in 2005. She completed a two-year intensive post-doctoral fellowship at the University of Minnesota Department of Family Medicine's Program in Human Sexuality specializing in the treatment of sexually compulsive behaviors, sexual dysfunctions, sexual abuse, HIV+ individuals, gender identity disorder, relationship concerns, sex offenders, and sexuality.</p> <p>Dr. Lowe was Director of Behavioral Health at West Michigan Therapy in Muskegon from February-December 2008. She has been in private practice at Harbor Psychological Associates in Muskegon since January 2008, and is also an Adjunct Professor at Baker College, General Education Department, since January 2008. Dr. Lowe holds a State of Michigan license as a Licensed Psychologist, effective through August 31, 2014. Her professional liability insurance is also current.</p> <p>Dr. Lowe will need to complete CMH-required training prior to contracting.</p>				
SUGGESTED MOTION (STATE EXACTLY AS IT SHOULD APPEAR IN THE MINUTES)				
<p>I move to approve the credentialing of Margaret Lowe, Psy.D., and authorize the Community Mental Health Executive Director to sign a contract with Margaret Lowe, Psy.D., Licensed Psychologist, effective September 1, 2012 through September 30, 2013, at the rate of \$100.00 per hour for specialized mental health treatment, up to a maximum of \$5,000.00 per year.</p>				
ADMINISTRATIVE ANALYSIS (AS APPLICABLE)				
<u>HUMAN RESOURCES ANALYSIS:</u>		<u>FINANCE &amp; MANAGEMENT ANALYSIS:</u> <i>Recommend Approval</i> 		
CORPORATE COUNSEL ANALYSIS: Approval not required per CMH		<u>ADMINISTRATOR RECOMMENDATION:</u> <i>Approval BSA</i>		
AGENDA DATE: <i>10/9/12</i>	AGENDA NO.: <i>HR 12/10-69</i>	BOARD DATE: <i>10/16/12</i>	PAGE NO.	

## VITAE

Margaret A Lowe, Psy.D., LP, CAAC  
140 8<sup>th</sup> Avenue  
Fruitport, Michigan 49415  
(224)522-8416  
doctormags@comcast.net

### Education:

2001-2005

**Illinois School of Professional Psychology/Schaumburg Campus**  
Schaumburg, Illinois  
Fully accredited by the American Psychological Association  
Doctorate in Clinical Psychology (Psy.D.)

2001-2003

**Illinois School of Professional Psychology/Northwest Campus**  
Rolling Meadows, Illinois  
Masters of Arts in Psychology

2000-2001

**Central Michigan University**  
Mt. Pleasant, Michigan  
Psychology Major

1995-1998

**Central Michigan University**  
Mt. Pleasant, Michigan  
Bachelor of Science in Family Studies

### Practicum/Internship Experience:

#### Postdoctoral Fellowship

September 2005-

**University of Minnesota**

October 2007

**Program in Human Sexuality: Center for**

**Sexual Health**

**Minneapolis, MN**

*Supervised by Eli Coleman, Ph.D.*

*Dianne Burg, Ph.D.*

*Rosemary Munns, Psy.D.*

*Bean Robinson, Ph.D.*

Provide individual, couples, and group therapy to individuals and/or couples suffering from sexual dysfunctions, sexual abuse, intimacy issues, compulsive sexual behaviors, gender identity disorder, HIV+ individuals, sexual offenses in an outpatient clinic. Conduct intake assessments and administer psychological testing. Conduct scientific research in the area of human sexuality. Clients are of varying SES and are racially diverse: African American, Caucasian, and Hispanic. Clients also include lesbian, gay, bisexual, and transexual individuals.

### **Predoctoral Internship**

August 2004-

**Alexian Brothers Behavioral Health Hospital**

August 2005 **Hoffman Estates, IL**

*Supervised by Kathleen Fader, Psy.D*

*Nancy Kunkle, Psy.D.*

*K. R. Juzwin, Psy.D.*

Provided individual and group therapy to individuals suffering from eating disorders at a behavioral health hospital partial hospitalization program/intensive outpatient program, as well as in an inpatient setting. Create and give psychoeducational lectures geared at assisting clients in gaining skills for recovery. Facilitate a community support group for individuals with eating disorders. Active in the collection and scoring of self-report measured used in outcome studies by the program. Individual therapy on an outpatient basis with lower SES individuals suffering from an array of difficulties: substance abuse, self-injury, depression, relationship difficulties. Psychodiagnostic testing and psychological assessment of children, adolescents, and adults in both an inpatient and outpatient setting.

### **Doctoral Psychotherapy Practicum**

September 2003-

**Open Door Clinic**

August 2004 **Elgin, IL**

*Supervised by Mark Masi, Psy.D.*

Provided individual and couples therapy to HIV+ individuals. Clients primarily lower SES and were racially diverse: African American, Caucasian, and Hispanic. Clients also included lesbian and gay individuals. In addition to therapy, conducted several informational sessions in the community on HIV+ and AIDS prevention. Supervised by a licensed clinical psychologist.

### **Doctoral Psychodiagnostic Practicum**

September 2002-

**Janet Wattles Mental Health Center**

August 2003 **Rockford, IL**

*Supervised by Daniel Christy, Psy.D.*

Psychodiagnostic testing and psychological assessment of a diverse group in a large, multi-county, comprehensive community mental health center. Clients were primarily lower income and were racially diverse: African American, Hispanic, and Caucasian. Administered a variety of intellectual, personality, and neuro-psychological tests to clients. Psycho-diagnostic range was quiet broad: from mild, transient phase-of- life to neurotic to psychotic levels of psychopathology. Supervised by a licensed clinical psychologist.

**Academic Assistantships:**

- January 2004- August 2004      *Teaching Assistant: Cognitive Behavioral Therapy*  
*Supervised by Tracy Robinson, Psy.D.*  
Attend class to aid in supervising and facilitating group experiential activities. Conducted class on several occasions when professor was unable to lecture. Grading of reports and exams. Research on literature in the field of Bariatric surgery. Assist professor with various other needs.
- September 2003- May 2004      *Teaching Assistant: Psychology and the Law I & II*  
*Supervised by Patricia Heaston, Ph.D.*  
Assisted with the creation of the course syllabus. Scoring of exams. Facilitated communication between instructor and students, especially in regards to scheduling outings related to course content. Assist professor with various other needs.
- September 2003- July 2004      *Teaching Assistant: Cognitive Behavioral Therapy I & II*  
*Supervised by Sandra Lema-Stern, Ph.D.*  
Grading of reports and exams. Meet with students prior to their group presentations to provide feedback. Conduct study sessions prior to exams. Conducted a literature review on Domestic Violence for professors ongoing research in the area. Assist professor with various other needs.
- September 2002- May 2003      *Teaching Assistant: Cognitive Assessment,*  
*Supervised By Robert Eme, Ph.D.*  
Conduct weekly labs with clinical psychology students, assist with any difficulties that arise in the course of their study, and provide instructional assistance in the understanding of cognitive testing and interpretation. Grade written reports and check protocols for accuracy. Directly check students' competency in administering the WAIS-III and WISC-III. Lecture on the WMS administration, scoring, and write up. Assist professor with various other needs.

**Honors and Awards:**

Michigan Merit Scholarship, 1994  
Dean's List Central Michigan University 2000-2001

**Invited Regional Presentations:**

Maler, P. & Lowe, M. A. (March 2004) HIV and STDs: Education and Prevention. Invited lecture for community prevention series. Open Door Clinic, Elgin, Illinois.

Lowe, M. A. (February, 2005) The effects of religion on the Development of Sexual Dysfunctions. Invited presentation for didactic series. Alexian Brothers Behavioral Health Hospital, Hoffman Estates, Illinois.

Lowe, M. A. (March 2005) Eating Disorders: A General overview; including warning signs, symptoms, and medical complications. Invited presentation for health class. Elgin High School, Elgin, Illinois.

Lowe, M.A. (April 2005) Eating Disorders and Mental Illness. Invited lecture for Mental Illness series. NAMI: Hanover Township, Streamwood, Illinois.

Lowe, M.A. (June 2005) Sexual Dysfunctions and Sex Therapy: A General overview of DSM criteria and treatment options. Invited presentation for didactic series. Alexian Brothers Behavioral Health Hospital, Hoffman Estates, Illinois.

Lowe, M.A. (August 2007) Case Study: An illustration of the sexual health model used in the treatment of a woman presenting with hypoactive sexual desire disorder and female orgasmic disorder. Women's Sexual Clinic Seminar, Mayo Clinic, Rochester, Minnesota.

Lowe M.A. (November 2007) Sexual and Gender Identity Disorder: DSM Criteria, treatment, and current empirical information. Guest Lecture at St. Catherine University Graduate course *Psychopathology and Human Behavior*. St. Catherine's University, St. Paul, Minnesota.

Groessler, P. & Lowe, M.A. (December 2007) Sex Therapy. Guest Speaker Medical Intern Lecture Seminar. Mercy Hospital, Muskegon, Michigan.

Lowe, M.A. (October, 2009) Creating Balance: In and Outside the Bedroom. Guest Speaker at Women Festival. Muskegon Community College, Muskegon, Michigan.

#### **Professional Positions:**

*Direct Care Worker*, Listening Ear, Mt. Pleasant, Michigan, September 1996-August 1998, PT. Duties: Supervision of six to eight physically and emotionally disabled residents, implementation of behavior modification programs and charting and tracking behaviors.

*Cabin Counselor*, YMCA Camp Pandalouan, June 1999-August 1999, FT.

Duties: Supervision of eight to fourteen campers per session, running activities at the ropes course, teaching a photography course, monitoring and charting behaviors of scholarship campers. Supervisor: Dan Wilson.

*Families First Worker*, Wolverine Human Services, November 1999-May 2000, FT. Duties: Case management, intensive home services, connecting clients to community services, and charting family progress. Supervisor: Rajinder Sandhu, MSW

*Psychological Technician*, Maryville: Scott Nolan Center, Acute Unit, March 2002-February 2003, PT. Duties: Develop and run therapeutic groups and activities, develop and implement treatment plans, monitor and document patients' behaviors, and conduct admissions interviews. Supervisor: Tammy Williams, RN

*Therapist*, Alexian Brothers Behavioral Health Hospital, Adult Chemical

Dependency Partial Hospital Program and Self-Injury Aftercare Facilitator, February 2003-July 2004, PT. Duties: Develop and run therapeutic groups and lectures, develop and implement treatment plans, monitor and document patients' progress, individual case management, and conduct new patient intakes and interviews. Supervisor: Joyce Champelli

*Director of Behavioral Health*, West Michigan Therapy. February 2008-December 2008, FT. Duties: Development and implementation of comprehensive day treatment program addressing substance abuse and co-occurring disorders, including the development and execution of therapeutic and psychoeducational groups and lectures, development and implementation of treatment plans, monitoring and documenting client's progress, individual therapy, psychological assessments, and conduct new client intakes and interviews. Supervisor: Stacey Vandenburg.

*Adjunct Professor*, Baker College, General Education Department. January 2008-present, PT. Duties: Create and give educational lectures, develop and administer learning outcomes. Courses taught include: Human Sexuality, Cognitive Behavioral Therapy, Methods in Mental Health, General Psychology, and Human Relations. Supervisor: Lee Coggin, J.D.

*Licensed Psychologist*, Harbor Psychological Associates. January 2008-present, PT. Duties: Provide psychological therapy to children, adolescents, adults, and couples. Administer and interpret psychological testing. Develop and implement treatment plans

#### **Research Experience:**

*Research Tech*, America's Promise of Isabella County, June 1998- September 1998, volunteer. Duties: Data collection and word processing. Supervisor: Dee Obrecht. 10 hours weekly.

*Research Assistant*, Central Michigan University, Department of Psychology, May 2000 - May 2001. Duties: Data entry and analysis, scoring, database design, and subject recruitment for George Ronan, Ph.D. 10 hours weekly.

*Research Assistant*, Central Michigan University, Department of Psychology, September 2000- May 2001. Duties: Run subjects through experiment, recruitment of subjects, and data Entry for Bryan Gibson, Ph.D. 7-10 hours weekly.

#### **Additional Training and Certificates:**

~*Case Management and Intervention Strategies with Self-Injurious and Self-Destructive Patients: The Basics and Frame work*, Presented by Kammie Juzwin, Psy.D., October 2003

~*Basic Training in Clinical Hypnosis* through American Society of Clinical Hypnosis, May 2004

~ *Exploring Sexual Health and Relational Issues*, Presented by Maureen Canning, April 2005

~*Cognitive Behavioral Therapy for Patients with Personality Disorders: Powerful Strategies for ~Overcoming Resistance and Maximizing Clinical Change*, Presented by Judith Beck, April 2005

*~Intermediate Training in Clinical Hypnosis* through American Society of Clinical Hypnosis, May 2005  
*~Sexual Attitude Reassessment Seminar*, University of Minnesota Medical School, Summer 2007  
*~Certified Advanced Addiction Counselor*, State of Michigan, October 2008-Present  
*~Certified Sex Therapist*, American Association of Sex Educators, Counselors, and Therapists (AASECT), April 2009-Present

**Professional and Honor Societies:**

American Psychological Association  
American Association of Sex Educators, Counselors, and Therapists  
Scientific Society for the Study of Sexuality  
Psychology Club, Oakland University

**References:**

Available upon request